

# THE CARR *remote* EXPERIENCE BOSTON

Issue No. XXV



In this month's newsletter, we're sharing festive, fall recipes, the ultimate guide to pumpkin patches, and how to give back to your community this season.

Additionally, make sure to RSVP for this month's virtual events!



## VIRTUAL EVENTS

Mark your calendars! We've partnered with [Neighborhood Restaurant Group](#) again to bring you two interactive, virtual events this month. Space is limited, so make sure to RSVP today!

### HERB KOKEDAMA MAKING CLASS | THURSDAY, OCT. 29 @ 6PM

Turn your kitchen window into an herb garden! Join Agnes of Indigo Plant Design to make a hanging herb garden using the Japanese method of wrapping the plants with a moss ball.

Each participant will receive a kit that includes one kokedama and two herbs. Space is limited to 25 people, so please RSVP by Wednesday, October 21.

[RSVP](#)



## FOOD FOR THOUGHT

Fall is officially here, so it is time to indulge in pumpkins, apples, and squash galore! Check out [these seasonal recipes](#) made with crisp and flavorful fall ingredients. Then, be sure to top off dinner with these [grain-free pumpkin cheesecake bars](#)!

### Pumpkin Spice & Everything Nice

Pumpkin may not be an actual ingredient in pumpkin spice (we kid you not!), but that won't stop us from trying out the latest [pumpkin spice products](#) to hit the shelves this season! If you are looking for something a bit more traditional, that *does* include pumpkin, try [one of these yummy recipes](#) from *Delish*.



## CONTEST ALERT

Halloween brings out more than just ghosts and goblins! Test your knowledge of scary villains and more with this spooky movie trivia. The first three customers to answer all of the questions correctly, will win a seasonal candle from [Voluspa](#).

[START NOW](#)

PHOTO: SARA LYNN PAIGE



## FALL FESTIVITIES

Hayrides, cider, and pumpkins, oh my! Check out some of the [best pumpkin patches](#) around Boston. Most farms have limited capacity ticket sales, and have adjusted their programming to keep everyone safe, so make sure to check out their website for further details. Once you snag the perfect pumpkin, follow these [carving tips](#) from *The Spruce Eats* to create the perfect jack-o-lantern!

[New research](#) shows Halloween 2020 could stack up to be the biggest in history! While we may need to pivot from traditional trick-or-treating, that doesn't mean everyone can't still have fun. We are loving these [45+ trunk-or-treat ideas for the spookiest car ever](#). Also, if you are looking for a cheap, last-minute costume, *Oprah Magazine* has some [creative ideas](#).

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## WELLNESS

October is [Emotional Wellness month](#), and according to *National Today*, "emotional wellness refers to our ability to process feelings in a healthy, positive way and manage the stress of everyday life." As we all have a little extra stress in our lives these days, we think these [10 things to help you get through the pandemic into the fall](#) are great for both emotional and physical wellness. You can also check out these [5 cinnamon essential oil benefits](#) to spice up your wellness this fall season!



## GIVE BACK

Did you know that [Americans purchase nearly 600 million pounds of candy every year for Halloween](#)? If you are wondering what to do with your leftover candy (after indulging your own sweet tooth, of course), we recommend donating to [Operation Gratitude's Halloween Candy Give-Back Program](#). Operation Gratitude in turn donates to deployed troops, veterans, and first responders!

Donation registration period is open now through October 31, and you can register as an individual, group, or business.



**IN THE ENTIRE CIRCLE OF THE YEAR THERE ARE NO DAYS SO DELIGHTFUL AS THOSE OF A FINE OCTOBER.** —Alexander Smith



For more information or to submit content ideas, please reach out to Trisha Joyce at [tjoyce@carrprop.com](mailto:tjoyce@carrprop.com).

Additionally, for real-time announcements and updates surrounding the operations and management of your building, [click here](#).