





get you in the holiday spirit, as well as guidance for mindful meditation to ease those holiday stressors. Plus, join us for this month's virtual events and be sure to participate in our latest holiday themed trivia!



The most wonderful time of the year calls for some festive cocktails! Join us for a Zoom mixology class with Nick Farrell, Beverage Director at Neighborhood Restaurant Group, where you will learn how to make

holiday cocktails at home.

HOLIDAY COCKTAIL MAKING | WEDNESDAY, DEC. 9 @ 6PM

Space is limited, so make sure to RSVP today!

Each participant will receive a cocktail kit prior to the event, which will include enough spirits, mixers, and garnishes for three complete cocktails, as well as a recipe and instruction card. Space is limited to 25 people, so please RSVP by December 3.

RSVP WINTER WREATH MAKING | MONDAY, DEC. 14 @ 6PM

Join us for this joyful holiday wreath making workshop led by Jungle & Loom. During this class, participants will learn how to design seasonal

wreaths with cut greens. Each participant will receive a 10" brass ring,

Space is limited to 25 people, so please RSVP by December 7.

seasonal greens, and floral wire.

Join us in creating your very own winter wonderland with this snowflake ornament embroidery workshop. Perfect for beginners, participants will

PHOTO: TERI LYN FISHER

RSVP

Embroidery Floss

learn and practice several different embroidery stitches. Each participant will receive the following: • One 3" Hoop Needle

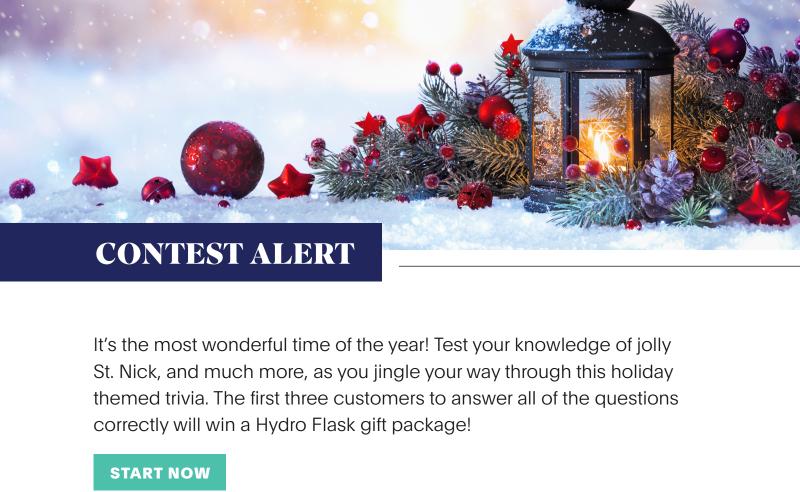
SNOWFLAKE ORNAMENT MAKING | THURSDAY, DEC. 17 @ 6PM

RSVP

Fabric with Original Hand-Drawn Pattern

Step-by-Step Instructions to Perfect Your Art

Space is limited to 25 people, so please RSVP by December 10.



The holiday season is just as much about enjoying delicious food and

drink, as it is about giving gifts to friends and family, spending time with

your loved ones, and taking in all of the twinkling lights. No matter what

For more traditional holiday menus, check out the below recipe ideas

you are celebrating, these cocktail and cookie recipes are sure to

FOOD FOR THOUGHT

brighten the festivities!

from The Food Network:

Kwanzaa Recipe Ideas

101 Best Christmas Recipes

Classic Hanukkah Recipes

HOLIDAY HACKS

hanging shoe organizer!

fooled!

traditions with your family.

If you are looking for creative ways to spruce up your holiday gift wrapping this year, then be sure to check out these 45 easy gift wrapping ideas from Good Housekeeping to give your gifts that extra sparkle. Need a boost in decorating for the holiday season? These 52

decorating hacks are sure to keep your homes merry, bright, and organized. We love the idea of creating an advent calendar from a

Lastly, if you are stumped on what to gift your loved ones this holiday season, do not fear! There are plenty of curated holiday gift guides to

check out. We recommend the Today show's gift guide which has

ideas for everyone on your list! Oprah's Favorite Things List is always

KID'S CORNER

Love him or hate him, the Elf on the Shelf has become a staple in

Shelf ideas to help you think of fresh and creative ways to keep the

many households every December. Check out these 45 fun Elf on the

kids guessing all month long. And in case the inevitable happens one

day, make sure to take note of the top five health reasons your Elf on

the Shelf wasn't able to make moves overnight - you'll have everyone

gingerbread houses with the kids, then look no further than these 15

adorable ideas for assembling your edible masterpieces! Target also has affordable pre-made gingerbread kits that will help you build new

Santa Clause is making his list, and he's checking it twice, but he

needs to know what the kids are wishing for! Check out Shutterfly's

guide on how to write a letter to Santa, which includes a fill in the

If you are looking for some tried and true tips for decorating

blank template that will generate a letter for the little ones. And to be sure the kids' letters make it to the North Pole, learn about the Greetings from the North Pole Post Office program.

filled with irresistible gifts as well, and if you are looking to splurge, be sure to take a gander at the 2020 Goop Gift Guide.

Milliani **HEALTH & WELLNESS** The 12 Days of Christmas isn't just a song! This 12 Days of Christmas themed workout allows you to enjoy all those holiday treats guilt-free, by burning calories in a festive way. These 12 Days of Healthy Ideas

for Christmas are also sure to get the whole family moving. We love the

idea of taking a hike to find and chop down your own Christmas tree!

The holiday season can bring just as much stress as it does cheer, so

self-care is more important than ever. Learn how to bring mindfulness

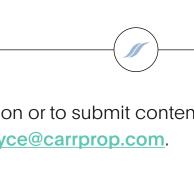
meditation into the holiday season with you, so you can help ease

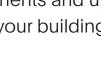
SEEING IS BELIEVING, BUT SOMETIMES THE MOST REAL THINGS IN THE WORLD ARE

—The Polar Express

For more information or to submit content ideas, please reach out to Trisha Joyce at tjoyce@carrprop.com.

THE THINGS WE CAN'T SEE."





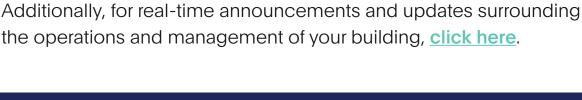
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